

## **Renae Nichols: Zumba**

Renae Stockton Nichols is a Bedford resident and mother to 5-year-old twins. Renae graduated from Dartmouth College as a certified elementary classroom teacher with a B.A. in psychology. She received her M.Ed. from Lesley University, where she became a certified reading specialist. Renae worked as an elementary classroom teacher for eight years. She has since been working as a private tutor and advocate for children needing additional learning support.

Renae has participated in dance and music programs since the age of three and she is very excited to combine her love of teaching with the joy of sharing music and dance with others. Renae has found Zumba to be the perfect workout to help her achieve her fitness goals and she looks forward to helping others achieve their goals with Zumba as well.