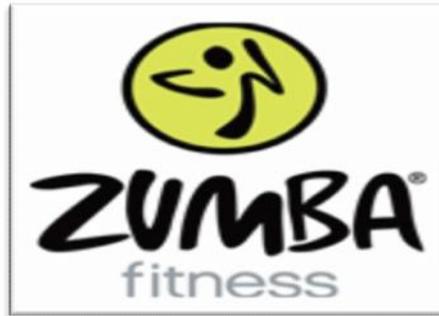


Sharon Pugatch



Picture of Sharon and Beto (the creator of Zumba) at the 2009 Zumba Conference in Orlando Florida.

Sharon is a Certified Official Zumba Dance Instructor and owner of

Zumba Dance Fitness.

Ditch the Routine. Join the party! Come Zumba dance with Sharon!

Sharon has a background in dance and ballet and she has participated in the fitness industry for more than 20 years. Sharon is presently teaching Zumba for the Town of Bedford, Town of Wayland, The Concord Health Center and Gold's Gym in Concord MA. Sharon also teaches Zumba Gold for 12 different assisted and independent living facilities.

Sharon has been teaching Zumba since 2009. She is certified in:

Zumba Basics 1, 2, Zumba Toning, Gold and Beginner Zumba.

Sharon was one the first instructors in Massachusetts to be certified in Zumba Toning and she helped bring this program to the local area. Sharon also teaches for private companies such as MIT/ Lincoln Labs and she does special parties and events for other companies in the area.

"After working full-time for Microsoft and EMC, I understand that it is hard to find the time to work out and that you want your workouts to be fun and effective. To achieve effective work- outs, I combine Zumba Toning and Zumba Extra in many of my classes. **My goal for you is simple: I want you to want to work out, and to love working out!**

Leave the world behind for an hr. Ditch the routine. Join the party

Come Zumba Dance with Sharon.

Contact Sharon at: **Zumbawsharon@gmail.com** Cell: 617-803-2440

Sharon's web site: <http://SharonPugatch.Zumba.com>

Sharon is an active member of the Zumba Instructor Network (ZIN) and IDEA Health and Fitness Association.