

**Board of Health  
Meeting Minutes  
February 3, 2014**

Members Present:

Tom Kinzer, Co-Chair  
Bea Brunkhorst, Co-Chair  
Kevin Wormstead  
Anita Raj

Member Absent:

Sarah Thompson

Staff Present:

Heidi Porter, Director  
Joyce Cheng, Community Nurse  
Mary Firestone, Recording Secretary

Also attending:

Johnny Cheung, Bamboo Restaurant  
Ricky Ho, Asiana Restaurant  
Caroline Donnelly, 20 Cot Hill Road, Bedford  
Andrew Noh, 7 Bandera Drive, Bedford  
Norman Delore, Millipore Corporation  
Frank Kuhn, President, Air and Noise Compliance, Inc.

The meeting was called to order at 7:05 P.M. Dr. Brunkhorst chaired.

Food Establishment – Request for Variance – Bamboo:

Ms. Porter reviewed the background of the request. The variance concerned the procedure for safety in preparation and use of sushi rice. Mr. Cheung explained that all the rice is cooked in the morning; vinegar and sugar are used. The rice is tested daily by the staff and a log is kept. When appropriate, corrective measures --- the addition of vinegar --- are taken. The recipe is also tested annually by an outside laboratory and meets safety standards. Ms. Porter said that it was all being done previously but just wasn't on record with the Board of Health (BOH). A checklist was shown; all test dates were checked.

Mr. Kinzer moved that the Board of Health issue a variance to Bamboo at 213 Burlington Road for their sushi rice preparation with the understanding that: 1) the prepared HACCP Plan will be followed, signed by HACCP trained staff and reviewed annually; 2) the acidified rice will be submitted for annual bacteriological analysis; and 3) a pH log will be maintained documenting pH of each batch of rice made. Mr. Wormstead seconded the motion. Vote Count: 4-0-1

Food Establishment – Request for Variance – Asiana:

Mr. Porter explained that the process is used at Asiana as at Bamboo. The restaurant also works with a food consultant, Sam Wong. Mr. Ho showed a copy of documentation of their procedures, as prepared by Mr. Wong. They also use the vinegar process.

Mr. Wormstead moved that the Board of Health issue a variance to Asiana at 200 Great Road for their sushi rice preparation with the understanding that: 1) the prepared HACCP Plan will be followed, signed by HACCP trained staff and reviewed annually; 2) the acidified rice will be submitted for annual bacteriological analysis; and 3) a pH log will be maintained documenting pH of each batch of rice made. Ms. Raj seconded the motion. Vote count: 4-0-1

Food Establishment – Request for Variance – Doubletree:

The Doubletree representative, their chef, did not appear but the procedure in question (reduced oxygen packaging) is not currently in use; their documentation needs to be revised.

BOH Meeting Minutes:

Mr. Kinzer moved to accept the minutes of the January 6, 2014 meeting as amended; Ms. Raj seconded the motion. Vote count: 4-0-1

Ms. Raj moved to accept the minutes of the January 22, 2014 meeting as amended; Mr. Wormstead seconded the motion. Vote count: 4-0-1

Nuisance Condition --- Update and Request for Extension of Time to Achieve Compliance --- Millipore:

Ms. Porter explained that residents of South their sushi rice preparation Road had made complaints about noise from the Millipore complex, especially from rooftop equipment located near the bike path. She had consulted with the state Department of Environmental Protection (DEP); Bedford Code Enforcement personnel were also involved. She used equipment borrowed from DEP to measure the noise at the area. She sent a letter to Millipore on November 25, 2013.

Mr. Delore, Millipore's Facilities Property Manager, said that Millipore policy is to be a good corporate citizen and they will not walk away from this complaint. They have a noise reduction plan. Millipore's noise consultant, Frank Kuhn of Air & Noise Compliance, explained that he took noise measurements from 20-30 sources but was not able to replicate Ms. Porter's measurements. He said that there are a lot of pieces of equipment to address. Changes have been made. New sheet metal has been installed, loose connections tightened and exhaust vents that were facing South Road have been redirected. Three new blower units will be installed in warmer weather. In summer, when more equipment is turned on, including the chiller units, they may want to do more. Mr. Delore said that the building in question was built in the 1970s and has old equipment. Mr. Kuhn said that there is no violation condition at present; all noise readings are currently below 60 decibels. In accordance with the DEP policy, a violation is determined to be any reading that is 10 decibels above ambient (determined to be 54.5). Mr. Delore said that they need an expanded time frame; they may need to hire an engineering firm and get a building permit. Mr. Wormstead said that it might be necessary to wait until the chillers are in use to identify the specific problem. Mr. Kuhn stated that although the noise levels are currently below ambient, Millipore recognizes that not all of the equipment (chillers, etc.) that was functioning in the warmer weather when the BOH readings were taken, is currently in use given the cooler weather. More readings would be necessary once all equipment is functioning.

Ms. Porter said that there have also been complaints from neighbors about the high-pitched squeal associated with liquid nitrogen deliveries. Mr. Delore said that they have cut down on the number of deliveries and arranged better hours for deliveries.

Ms. Porter asked when an update on the noise situation would be available; Mr. Delore said that May would be appropriate. Mr. Kinzer and Ms. Porter suggested that a report would be expected at the BOH meeting in June. Ms. Porter suggested that a meeting with the Board, the police department, and Code Enforcement would be expected and also suggested that representatives from Millipore meet with the neighbors. Mr. Kinzer asked whether Millipore planned to replace any of its buildings. Mr. Delore said that they plan to renovate the site and get rid of older buildings; he said that he will talk to management.

Mr. Wormstead said: I move that the Board of Health grant Millipore an extension of time, until August 30, 2014, to make all remaining corrections and achieve compliance with the guideline decibel levels and Millipore will return to the BOH in June to provide an update on their progress. Mr. Kinzer seconded the motion. Vote count: 4-0-1

Mr. Delore and Mr. Kuhn left the meeting.

Dr. Brunkhorst said that she thinks she should formerly recuse herself at future meetings on Millipore's issue because of the firm's association with her own employer.

Discussion with Community Health Nurse Joyce Cheng:

Ms. Cheng reported that more than 1,000 doses of flu vaccine have been administered so far this season and that there are still 170 doses on hand. As of January 2014, 12 flu cases were reported in

Bedford. Pneumonia vaccine was administered at a clinic in November 2013; there will be another pneumonia vaccination clinic on February 7.

The shingles vaccine will be available this year. The state has provided 40 doses for persons aged over 60 years. A clinic is scheduled for March; she will give a talk in February at the Council on Aging. Shingles is not covered by Medicare B but is covered by Medicare D. Doctors do not stockpile it.

Ms. Raj asked about services to the families-in-transition housed at the Plaza Hotel. Ms. Cheng said that she visits one a month, but some residents are not there during her scheduled hours.

Ms. Cheng said that she sees a lot of Lyme disease in Bedford, compared to the previous towns she worked in. In 2012, there had been 7 confirmed cases in Bedford and 22 suspect cases. In 2013, there had been 12 confirmed cases (5 children under 6 and 4 under 18) and 25 suspect cases. Given the high number of children impacted by this disease, Ms. Porter said that she will mention the Lyme disease situation when she meets with Jackie Supprise at the School Wellness Council meeting. Ms. Raj asked about the location of the cases. Ms. Chang said that GIS data is available for cases but cannot be shared with the public due to patient privacy concerns. Ms. Porter said that there will be a lot of outreach on ticks in Bedford in the spring. A Tick Talk is scheduled for March 11<sup>th</sup> and a video on tick checking will be available. Mr. Porter said that the department is running well with Ms. Cheng and Administrative Assistance Gemmesa Mercado.

#### Board of Health Action Items --- Old and New Business:

##### *Update on BOH Liaison Assignments:*

Ms. Kinzer and Dr. Brunkhorst attended a meeting of the Financial Committee (FinCom). Dr. Brunkhorst said that FinCom was very interested in the 4.5% raise required by the contract of the school nurses and that they were surprised by the high level of the increase set the tone for the meeting. Mr. Kinzer will be attending the February 10 meeting of the Fiscal Planning and Coordinating Committee.

Mr. Wormstead said that he attended the Youth and Family Services Committee meeting for the last time due to the immanent ending of his term on the Board; Ms. Raj will be representing the Board at future meetings. He said that a possible change to the alcohol regulations is being considered.

Ms. Raj will be attending a meeting of the Bedford Schools Wellness Council on February 4.

##### Director's Report:

Ms. Porter said that there has been progress in hiring a health agent, with only one more candidate to interview.

Ms. Porter said that other towns are interested in using Bedford's recently revised Regulations on Biosafety and the Use of Regulated Biological Agents.

Ms. Porter said that Bedford received news today that application for the \$111,000 Tick Borne Disease Network Community Innovation Challenge Grant has been successful and the grant awarded. This grant supports free tick testing services for Bedford and 31 other Massachusetts communities.

Bedford will host a CPR/AED training.

Ms. Porter met with Bedford and Burlington partners on the Hoarding Grant Response Manual; it is almost complete. The next step will be to develop first responder training.

Ms. Porter met with the contracted food inspector to review inspections and set a schedule for the coming weeks.

Ms. Porter met with the Bedford Police Department and the medical sharps kiosk vendor Chrysalis. The Police Department has committed to placing a kiosk in their lobby. Payment for collection will come from the hazardous waste budget.

Caroline Donnelly, a candidate for an opening on the Board in the March town election, observed the meeting and introduced herself to current members.

Mr. Wormstead moved to adjourn the meeting; Ms. Raj seconded the motion. Vote count: 4-0. The meeting was adjourned at 8:46 P.M.

The next meetings of the Board will take place on March 3, April 7, and May 12, 2014.



Bea Brunkhorst, Co-Chair

Sarah Thompson



Tom Kinzer, Co-Chair



Anita Raj

Kevin Wormstead