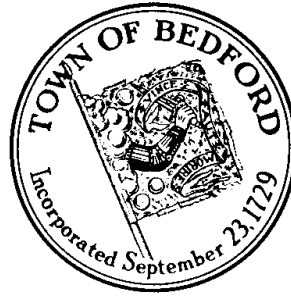


**TOWN OF BEDFORD**  
**BEDFORD, MASSACHUSETTS 01730**



**BOARD OF HEALTH**

Sarah Thompson, Chair  
Anita Raj, Vice Chair  
Beatrice Brunkhorst  
Ann Kiessling  
Susan Schwartz

Town Center  
12 Mudge Way  
Bedford, MA 01730-2144  
Phone: 781-275-6507  
Fax: 781-687-6157

Heidi Porter, MPH, REHS/RS, Health and Human Services Director

Katharine Dagle, Assistant Health Director

**EMERGENCY ORDER REGARDING PERSONAL SERVICES – AMENDMENT 3**

Given Governor Baker’s declaration of a state of emergency, the declaration of a COVID-19 Pandemic by the World Health Organization, the increasing numbers of presumptive positive and confirmed cases of COVID-19 in Massachusetts and Bedford, the Bedford Board of Health Declaration of a Public Health Emergency issued March 19, 2020 and in the interest of protecting public health during the Coronavirus pandemic, **effective 12:01 am, Friday March 20, 2020**, gatherings and services/activities offered to the public are prohibited at, but not limited to, the following locations:

- Gyms, health clubs, ice rinks, indoor swimming pools and yoga studios – prohibited use for those over 18
- Entertainment venues
- Nail salons - **rescinded June 22<sup>nd</sup>**
- Massage services - **rescinded June 22<sup>nd</sup>**
- Body work services - **rescinded June 22<sup>nd</sup>**
- Spa-type services for cosmetic purposes that are not deemed medically necessary - **rescinded June 22<sup>nd</sup>**
- Outdoor athletic facilities and parks - rescinded June 8<sup>th</sup>, with limitations and safety protocols in place.
- Indoor athletic facilities (ice rinks, indoor swimming pools and yoga studios) – rescinded June 8<sup>th</sup> only for supervised sports programs, including sports camps, for youths under the age of 18 and with limitations in gathering size and safety protocols in place.
- Private instruction classes such as, driving and tutoring schools - rescinded June 8<sup>th</sup>
- Hairdressers and barbers – rescinded May 25<sup>th</sup> per the Phase 1 Protocols of the Massachusetts Reopening Plan
- Outside courts/fields – rescinded May 25<sup>th</sup> per the Phase 1 Protocols of the Massachusetts Reopening Plan
- Houses of worship – rescinded May 18<sup>th</sup> per the Phase 1 Protocols of the Massachusetts Reopening Plan

This prohibition is in place due to concern that activities associated with these gatherings and services/activities cannot be provided/engaged in: safely, at a distance of at least six (6) feet at all times, without engaging with high-touch surfaces, without sweating and/or without heavy breathing.

This does NOT include services that are medically necessary and provided by a licensed health care provider such as, but not limited to, physical therapy, speech therapy, occupational therapy, chiropractors, and mental health providers or one-on-one consultation with clergy, using social distancing.

This Emergency Order shall remain in effect until notice is given pursuant to a determination by the Bedford Board of Health and consultation with state and national guidance that the Public Health Emergency no longer exists.

Heidi Porter, MPH  
Director of Health and Human Services

March 19, 2020/May 18, 2020 – Amendment 1/June 8, 2020 – Amendment 2/ June 22, 2020 – Amendment 3